

Core Minerals is a good source of manganese. Important for protein and glucose metabolism, manganese supports normal brain function. It also helps maintain healthy connective tissues, bones, arteries, and other organs. It activates numerous enzymes and can enhance the SOD enzyme system to support endogenous antioxidant activity.\*

Core Minerals contains high-potency chromium. Chromium is an important component of the glucose tolerance factor (GTF), which helps maintain healthy glucose metabolism (provided it is already healthy).\*

Core Minerals is an excellent source of molybdenum. An important co-factor for a number of enzymes, molybdenum is necessary for the metabolism of sulfur containing amino acids. It also helps the body metabolize proteins and helps maintain strong teeth.\*

Core Minerals also contains boron, vanadium, and silicon. Boron supports the body's ability to use calcium, magnesium, and phosphorus. It also plays a role in healthy brain function. Vanadium helps support healthy serum glucose levels, provided they are already healthy. And, maintaining a good balance of silicon in the body is important for maintaining strong bones and connective tissues.\*

N-acetyl l-cysteine helps to support the production of endogenous antioxidants activated by the InCelligence Complex in Vita-Antioxidant.

For easy swallowing, Core Minerals has a soy-free, sunflower-based coating.

#### THE USANA DIFFERENCE

Formulated by a team of nutritional-science experts using readily bioavailable forms of each nutrient, Core Minerals offers excellent completeness, potency, quality, and safety. Core Minerals is a premium blend of minerals designed to not only optimally nourish your cells but also support the activity of the InCelligence Complex in Vita-Antioxidant. Together as the patent-pending USANA® CellSentials™—the highest-rated supplements in the world—you can trust that Core Minerals and Vita-Antioxidant are the best comprehensive micronutrient supplement you can choose to nourish, protect, and renew your health every day and optimize your health span with normal aging.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.