

Wild Strawberry Nutrimeal™

ITEM #212

Directions: For a rich, creamy shake, combine 3 scoops with 10–12 ounces of cold water to taste. Thoroughly mix in a blender or BlenderBottle® for 45 seconds. It's perfect for replacing one or more meals a day!

Nutrition Facts			
Serving Size 3 scoops (60 g)			
Servings per Container 9			
Amount Per Serving			
Calories		240	
Calories from Fat		65	
		% Daily Value*	
Total Fat 7g		11%	
Saturated Fat 1g		5%	
<i>Trans Fat 0g</i>			
Cholesterol 0mg		0%	
Sodium 420mg		17%	
Potassium 490mg		14%	
Total Carbohydrate 33g		11%	
Dietary Fiber 8g		32%	
Soluble Fiber 4g			
Insoluble Fiber 4g			
Sugars 18g			
Protein 15g		30%	
Vitamin A 15%	•	Vitamin C 15%	
Calcium 35%	•	Iron 40%	
Vitamin D 25%	•	Vitamin E 15%	
Thiamin 20%	•	Riboflavin 25%	
Niacin 15%	•	Vitamin B6 20%	
Folate 20%	•	Vitamin B12 10%	
Phosphorus 30%	•	Iodine 25%	
Magnesium 20%	•	Zinc 25%	
Copper 20%	•	Molybdenum 10%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.			
		Calories: 2,000	2,500
Total fat	Less than 65g		80g
Sat. fat	Less than 20g		25g
Cholesterol	Less than 300mg		300mg
Sodium	Less than 2,400mg		3,000mg
Potassium	3,500mg		3,500mg
Total Carbohydrate	300g		375g
Dietary Fiber	25g		30g
Protein	50g		65g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4			

Ingredients: Protein Blend (Soy Protein Isolate, Whey Protein Isolate, Pea Protein Isolate), Fructose, Sunflower Oil, Maltodextrin, Soy Fiber, Gum Arabic, Cane Fiber, Strawberry Powder, Prune Powder (Prune, Calcium Stearate), Natural Flavors, Inulin, Oligofructose, Beet Juice (Color), Sodium Caseinate, Salt, Cellulose Gum, Potassium Phosphate, Xanthan Gum, Soy Lecithin, Calcium Carbonate, Citric Acid, Magnesium Oxide, Malic Acid, Ascorbic Acid (Vitamin C), Ferrous Fumarate (Iron), Zinc Gluconate, Niacinamide (Niacin), Folic Acid, Pyridoxine Hydrochloride (Vitamin B6), Riboflavin (Vitamin B2), Potassium Iodide, Thiamin Hydrochloride (Vitamin B1), Cyanocobalamin (Vitamin B12), D-Alpha Tocopheryl Acetate (Vitamin E), Vitamin A Palmitate, Cholecalciferol (Vitamin D).

Contains: soybean and milk.
Produced on equipment that also processes peanuts, tree nuts, eggs, sesame, and shellfish.
***For our customers sensitive to gluten: No gluten containing ingredients are used in this product. However, Wild Strawberry Nutrimeal is produced in a facility that manufactures other foods that do contain gluten.**

86.0001088

French Vanilla Nutrimeal™

ITEM #211

Directions: For a rich, creamy shake, combine 3 scoops with 10–12 ounces of cold water to taste. Thoroughly mix in a blender or BlenderBottle® for 45 seconds. It's perfect for replacing one or more meals a day!

Nutrition Facts			
Serving Size 3 scoops (60g)			
Servings per Container: 9			
Amount Per Serving			
Calories		240	
Calories from Fat		70	
		% Daily Value*	
Total Fat 7g		11%	
Saturated Fat 1g		5%	
<i>Trans Fat 0g</i>			
Cholesterol 0mg		0%	
Sodium 310mg		13%	
Potassium 420mg		12%	
Total Carbohydrate 35g		12%	
Dietary Fiber 8g		32%	
Soluble Fiber 3g			
Insoluble Fiber 5g			
Sugars 18g			
Protein 15g		30%	
Vitamin A 15%	•	Vitamin C 25%	
Calcium 25%	•	Iron 15%	
Vitamin D 35%	•	Vitamin E 20%	
Thiamin 30%	•	Riboflavin 35%	
Niacin 20%	•	Vitamin B6 30%	
Folate 20%	•	Vitamin B12 10%	
Phosphorus 40%	•	Iodine 35%	
Magnesium 20%	•	Zinc 20%	
Copper 25%	•	Manganese 20%	
Molybdenum 30%			
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.			
		Calories: 2,000	2,500
Total fat	Less than 65g		80g
Sat. fat	Less than 20g		25g
Cholesterol	Less than 300mg		300mg
Sodium	Less than 2,400mg		2,400mg
Potassium	3,500mg		3,500mg
Total Carbohydrate	300g		375g
Dietary Fiber	25g		30g
Protein	50g		65g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4			

Ingredients: Soy Protein Isolate, Fructose, Sunflower Oil, Maltodextrin, Soy Fiber, Cane Fiber, Natural Flavors, Oligofructose, Gum Arabic, Prune Powder (Prune, Calcium Stearate), Potassium Phosphate, Calcium Phosphate, Magnesium Citrate, Sodium Caseinate (a milk derivative), Xanthan Gum, Inulin, Cellulose Gum, Soy Lecithin, Silicon Dioxide, Tocopherols (to protect flavor), Salt, Zinc Gluconate, Ascorbic Acid (Vitamin C), D-Alpha Tocopheryl Acetate (Vitamin E), Potassium Iodide, Niacinamide (Niacin), Vitamin A Palmitate, Copper Gluconate, Ferrous Fumarate, Cholecalciferol (Vitamin D), Molybdenum Citrate, Pyridoxine Hydrochloride (Vitamin B6), Manganese Citrate, Riboflavin (Vitamin B2), Cyanocobalamin (Vitamin B12), Folic Acid, Thiamin Hydrochloride (Vitamin B1).

Contains: soybean, milk.
Produced on equipment that also processes peanuts, tree nuts, eggs, sesame, shellfish, and wheat.
***For our customers sensitive to gluten: No gluten-containing ingredients are used in this product. However, the French Vanilla Flavor Nutrimeal is produced in a facility that manufactures other foods that do contain gluten.**

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Foods