

WHY ACTIVE CALCIUM™ CHEWABLE ?

A double-blind, placebo-controlled USANA study assessed the impact of **Active Calcium Chewable** on bone development and bone mineralization in 81 preadolescent girls. Half of the group was assigned at random to receive **Active Calcium Chewable**, and half received a placebo supplement. After 12 months of supplementation, girls receiving **Active Calcium Chewable** showed a net gain (1.41 percent) in bone mineral density, while girls in the placebo group showed a net decline (-0.94 percent). Gains in bone mineral content were also greater in the active treatment group than in the placebo group (5.83 percent versus 0.69 percent respectively).

ANTACID

The calcium and magnesium compounds in **Active Calcium Chewable** neutralize stomach acids, thereby eliminating heartburn symptoms while also supplying balanced amounts of the nutrients needed to support strong, healthy bones.



ITEM #121

Active Calcium™ Chewable

DRUG FACTS

ACTIVE INGREDIENTS	PURPOSE
CALCIUM CARBONATE 356 mg	ANTACID
MAGNESIUM OXIDE 158 mg	ANTACID
USES	
RELIEVES • ACID INDIGESTION • HEARTBURN • SOUR STOMACH	
WARNINGS	
ASK A DOCTOR OR PHARMACIST BEFORE USE IF YOU ARE TAKING A PRESCRIPTION DRUG. ANTACIDS MAY INTERACT WITH CERTAIN PRESCRIPTION DRUGS.	
WHEN USING THIS PRODUCT	
• DO NOT TAKE MORE THAN 6 TABLETS IN A 24-HOUR PERIOD	
• DO NOT USE THE MAXIMUM DOSAGE FOR MORE THAN 2 WEEKS	
KEEP OUT OF REACH OF CHILDREN. IN CASE OF OVERDOSE, GET MEDICAL HELP. CONSULT YOUR PHYSICIAN IF YOU ARE PREGNANT, NURSING, HAVE KIDNEY DISEASE, OR HAVE A MEDICAL CONDITION.	
DIRECTIONS • CHEW 2-4 TABLETS AS SYMPTOMS OCCUR, OR AS DIRECTED BY A DOCTOR.	
OTHER INFORMATION • CONTAINS 200 mg OF CALCIUM PER TABLET • STORE IN A COOL, DRY PLACE.	
INACTIVE INGREDIENTS • HONEY POWDER, CALCIUM CITRATE, FRUCTOSE, SOY LECITHIN, MAGNESIUM CITRATE, XYLITOL, VEGETABLE FATTY ACID, CITRIC ACID, GUAR GUM, MALIC ACID, RICE PROTEIN HYDOLYSATE, NATURAL CITRUS FLAVOR, CALCIUM SILICATE, NATURAL VANILLA FLAVOR, CHOLECALCIFEROL (100 IU).	
QUESTIONS OR COMMENTS? CALL TOLL FREE 1-800-950-9595.	

DIRECTIONS: AS A CALCIUM SUPPLEMENT, CHEW 4 TABLETS, PREFERABLY WITH MEALS SPREAD EVENLY THROUGHOUT THE DAY.

SUPPLEMENT FACTS

SERVING SIZE: 2 TABLETS

AMOUNT PER SERVING	%DV FOR PREGNANT WOMEN		
	%DV	%DV	
VITAMIN D3 (AS CHOLECALCIFEROL)	200 IU	50%	50%
CALCIUM (AS CALCIUM CITRATE AND CALCIUM CARBONATE)	400 mg	40%	30%
MAGNESIUM (AS MAGNESIUM CITRATE AND MAGNESIUM OXIDE)	200 mg	50%	45%

OTHER INGREDIENTS: HONEY POWDER, FRUCTOSE, SOY LECITHIN, XYLITOL, VEGETABLE FATTY ACID, CITRIC ACID, GUAR GUM, MALIC ACID, RICE PROTEIN HYDOLYSATE, NATURAL CITRUS FLAVOR, CALCIUM SILICATE, NATURAL VANILLA FLAVOR.

CONTAINS SOY.

LABORATORY TESTED, QUALITY GUARANTEED. MEETS USP SPECIFICATIONS FOR POTENCY, UNIFORMITY, AND DISINTEGRATION, WHERE APPLICABLE.

THERE IS A SAFETY SEAL UNDER THE CAP. DO NOT USE IF THE SAFETY SEAL IS BROKEN OR MISSING.

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STORE BELOW 25° C. MADE IN USA

References

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.