



Endocrine

PhytoEstrin™



Signature Optimizer to support women's health*

Natural approaches to maintaining health before, during, and after menopause have recently gained favor. For many women, regular exercise; a proper diet; nutritional supplementation with vitamin E, pantothenic acid (vitamin B5), and calcium; and botanical preparations of estrogen-like compounds such as **PhytoEstrin** may support menstrual health and help improve the quality of life during the transition to menopause.

After menopause, when levels of estrogen and progesterone drop, phytoestrogens like those found in **PhytoEstrin** may help support cardiovascular and bone health.*

PHYTOESTROGENS

Comparative studies of Western and Asian women show that not only is menopause much less stressful for Asian women, they also have better health in other areas. Some authorities theorize that the high level of phytoestrogens in the Asian diet may contribute to these differences. Phytoestrogens are biologically active chemical compounds from plants such as grains, legumes, fruits, and vegetables that bind to the same estrogen receptor sites and behave similarly to human estrogen. Phytoestrogens in the diet are believed to be a stabilizing factor throughout hormonal cycles. This stabilization may also help to retain bone mass into the mature years.*

WHY PHYTOESTRIN™?

All-natural **PhytoEstrin** is a broad-spectrum, botanical formulation containing phytoestrogens from five different sources, including a guaranteed 14 mg of soy isoflavones to help maintain women's health.

PhytoEstrin also contains a unique combination of herbs that complement the activity of the soy isoflavones: black cohosh, dong quai, licorice-root extract, and chasteberry powder. Together with the isoflavones, these herbs help support healthy bone structure and cardiovascular health while providing support during menstruation and in the peri- and post-menopausal years.*

MY Available for MyHealthPak™

ITEM #129

DIRECTIONS: ADULT WOMEN TAKE THREE (3) TABLETS DAILY, SPACED EVENLY THROUGHOUT THE DAY.

SUPPLEMENT FACTS

SERVING SIZE: 1 TABLET

AMOUNT PER TABLET	%DV
SOY ISOFLAVONES (GLYCINE MAX SEED)	14 mg †
BLACK COHOSH EXTRACT (CIMICIFUGA RACEMOSA, ROOT)	50 mg †
CHASTEBERRY POWDER (VITEX AGNUS-CASTUS, FRUIT)	50 mg †
LICORICE EXTRACT (GLYCYRRHIZA GLABRA, ROOT)	30 mg †
DONG QUAI EXTRACT (ANGELICA SINENSIS, ROOT)	15 mg †

† DAILY VALUE NOT ESTABLISHED.

OTHER INGREDIENTS: DEXTROSE, ASCORBYL PALMITATE, CROSCARMELOSE SODIUM, SILICON DIOXIDE, SOY LECITHIN, SODIUM CITRATE.

CONTAINS SOY.

LABORATORY TESTED, QUALITY GUARANTEED. MEETS USP SPECIFICATIONS FOR POTENCY, UNIFORMITY, AND DISINTEGRATION WHERE APPLICABLE.

KEEP OUT OF REACH OF CHILDREN. CONSULT YOUR PHYSICIAN IF YOU ARE PREGNANT, NURSING, TAKING A PRESCRIPTION DRUG, OR HAVE A MEDICAL CONDITION.

THERE IS A SAFETY SEAL UNDER THE CAP. DO NOT USE IF THE SAFETY SEAL IS BROKEN OR MISSING.

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STORE BELOW 25° C MADE IN USA

References

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.