

Nutrimeal™ Free

A nutritious, plant-based meal replacement shake

You want food that's clean, pure, and above all, healthy. You may not want gluten, dairy, or soy—but you still need something that will fill you up and give you the energy you need to take on the day.

That's why we created **Nutrimeal Free**. It's a meal replacement shake formulated with a complete vegetable protein, and it's unique for what it doesn't contain—no fructose, gluten, dairy, or soy. It's packed with protein to give you sustained energy, and it has plenty of fiber to support healthy digestion. Oh, and did we mention it's vegetarian friendly?

This shake is an ideal source of nutrition for when you want to detox and cleanse, or if you need a simple, convenient, meal replacement without an overpowering flavor.

GET HEALTHY

- Low glycemic
- Vegetarian friendly
- Gluten free†
- Packed with protein and fiber
- Complete vegetable protein

†For our customers sensitive to gluten: No gluten-containing ingredients are used in this product. However, Nutrimeal Free is produced in a facility that manufactures other foods that do contain gluten.



ITEM #209

DIRECTIONS: For a rich, creamy shake, combine 3 scoops with 10–12 ounces of cold water to taste. Thoroughly mix in a blender or BlenderBottle® for 45 seconds. It's perfect for replacing one or more meals a day!

NUTRITION FACTS

Serving Size: 3 scoops (53 g)
Servings Per Container: 9

Amount Per Serving		% Daily Value*	
Calories			220
Calories from Fat			60
Total Fat 7 g			11%
Saturated Fat 1 g			5%
Trans Fat 0 g			
Cholesterol 0 mg			0%
Sodium 340 mg			14%
Potassium 390 mg			11%
Total Carbohydrate 26 g			9%
Dietary Fiber 8 g			32%
Soluble Fiber 4 g			
Insoluble Fiber 4 g			
Sugars 12 g			
Protein 15 g			30%
Vitamin A	15%	Vitamin C	15%
Calcium	30%	Iron	20%
Vitamin D	25%	Vitamin E	15%
Thiamin	20%	Riboflavin	25%
Niacin	15%	Vitamin B6	20%
Folate	15%	Vitamin B12	10%
Phosphorus	30%	Iodine	25%
Magnesium	20%	Zinc	20%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

	Calories:	2,000	2,500
Total fat	Less than	65 g	80 g
Sat. fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g

INGREDIENTS: NON-GMO PLANT PROTEIN BLEND (PEA PROTEIN ISOLATE, POTATO PROTEIN ISOLATE), BALANCED FIBER BLEND (CANE FIBER, ACACIA GUM, DEXTRIN (SOLUBLE DIETARY FIBER), PEA FIBER, CELLULOSE GUM, XANTHAN GUM), ORGANIC CANE SUGAR, HIGH OLEIC SUNFLOWER OIL, MALTODEXTRIN, NATURAL FLAVORS, VITAMIN AND MINERAL BLEND (POTASSIUM PHOSPHATE, CALCIUM CARBONATE, MAGNESIUM OXIDE, ASCORBIC ACID (VITAMIN C), FERROUS FUMARATE (IRON), ZINC GLUCONATE, NIACINAMIDE (NIACIN), FOLIC ACID (FOLATE), RIBOFLAVIN, PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), POTASSIUM IODIDE, THIAMIN HYDROCHLORIDE, CYANOCOBALAMIN (VITAMIN B12), D-ALPHA TOCOPHERYL ACETATE (VITAMIN E), RETINYL PALMITATE (VITAMIN A), CHOLECALCIFEROL (VITAMIN D)), COCONUT OIL, FOOD STARCH, DIGLYCERIDES, SEA SALT, STEVIA LEAF EXTRACT.

MANUFACTURED ON EQUIPMENT THAT ALSO PROCESSES PRODUCTS CONTAINING SHELLFISH, WHEAT, MILK, SOY, EGG, PEANUTS, AND TREE NUTS.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.